



# HERO TRAINING

## LEARN CPR

The American Heart Association (AHA) curriculum will prepare you to perform CPR on adults, children, & infants. The AHA course emphasizes the importance of effective compressions, airway management, and breaths.



The course covers treatment for choking victims, and instruction on the use of an automated external defibrillator (AED). Certification is good for two years. A minimum of six students are required per class.

TO REGISTER:



Non-Bonita Springs Residents:  
\$40.00 per person

Those who live or work in Bonita Springs:  
(50% off) \$20.00 per person

### 2026 Monthly Course Schedule

When: 9:00AM-12:00PM

Where: BSFD Station 24

Thursday, Jan 8	Thursday, Jul 2
Thursday, Feb 5	Thursday, Aug 6
Thursday, Mar 5	Thursday, Sep 3
Thursday, Apr 2	Thursday, Oct 1
Thursday, May 7	Thursday, Nov 5
Thursday, Jun 4	Tuesday, Dec 1

# BONITA SPRINGS

*Fire Control and Rescue District*

