## Using technology to keep you safe

The Bonita Springs Fire District reminds you to set up your Medical ID profile on your iPhone. This app gives your medical history to first responders when you need it the most.

## Step 1: Find Health App



## Step 2: Click Medical ID alert button in right in lower right hand corner



## Set up your Medical ID

To make your important health information accessible in case of emergencies, you can set up a Medical ID on your iPhone. To add emergency contacts and health information like your birth date, height, and blood type, tap Medical ID > Edit.

Turn on Show When Locked to make your Medical ID available from the Lock screen. In an emergency, this gives people who want to help some important information, like the emergency contacts that you've entered.



Step 3: Set up profile and make sure Show When Locked is green (default)

Step 4: Test that it is showing up in your lock screen

