THE FRENARK

BONITA SPRINGS FIRE CONTROL AND RESCUE DISTRICT

SEPT 2015



The Bonita Springs Fire Control and Rescue District would like to welcome our newest class of Community Emergency Response Team (CERT) graduates. To date, the District coordinates over 200 volunteers who are trained to assist their families and neighborhood in an emergency.

The District's CERT program is designed to support and integrate into the District's disaster plans. The CERT program is intended to be a partnership between the Bonita Springs Fire District and local neighborhoods that will ultimately reduce the death, injury, and property loss caused by emergencies and major disasters.

CERT graduates are better prepared to respond and cope with the aftermath of emergencies. Neighborhood groups receiving CERT training will become a team that can develop plans to help themselves and other residents when a disaster strikes. Topics such as Introduction to Disasters, Disaster Medical Care, Fire Suppression, Search and Rescue and Disaster Planning are taught to all who attend.

Members can provide crucial support and direction to their neighborhood. CERT members are encouraged, but not obligated to use their training, skills, and equipment. Additionally, they can assist their friends and family while awaiting the arrival of trained professional emergency responders.

Classes are held from 8:30 a.m. until 5:00 p.m. and are taught at Bonita Springs Fire Station Four at 27701 Bonita Grande Drive. After all 16 hours have been completed, students are eligible to be called-out to an emergency scene, if needed. There is no cost and there are no physical or age limitations.

More Information on CERT can be found on our <u>website</u>. The next CERT Basic Training is on February 4th & 5th.



FULLY INVOLVED



The Bonita Springs Fire Control and Rescue District uses newer training and technology for patient care on a variety of medical emergencies. Deputy Chief Richard Scott explains, "On a trauma alert, everything is about speed." However, what works on one emergency, such as speed for a trauma alert, will not be what's best on another emergency, such as a cardiac arrest. "It used to be we would get on scene, try to get them into the ambulance and get them to the hospital as fast as we possibly could. What the data has shown over the years is that on a cardiac arrest, we have better outcomes, better survivability, when we stay on scene and stabilize that patient and get what we call *return of spontaneous circulation* before we transport."

Return of Spontaneous Circulation (ROSC) is being closely measured to determine the effectiveness of the efforts on-scene by our firefighter-paramedics and firefighter-EMTs. When ROSC occurs, our rescuers have successfully revived their patient, giving them a fighting chance at surviving the damaging effects of a cardiac arrest.

In addition to the new focus in training, which coincides with national principles, <u>equipment has been purchased</u> which helps rescuers to mitigate cardiac arrests more effectively. In addition to showing the heart rhythm and fullness, the equipment provides valuable information both audibly and visually to ensure the rescuer is performing the proper depth and speed of chest compressions. This gives the rescuer more time to determine the need to defibrillate the patient and time to charge the shock, leaving mere seconds between the last chest compression and the shock delivery.

FIRE, HAZARDS, & MEDICAL EMERGENCIES

- unparalleled service saving lives & property

<u>Bonita Firefighters Utilize</u> <u>New Extrication Tools To</u> Save Lives

Just days after specialized training, the

allowed Bonita's firefighters to extricate the

victims of two perilous vehicle collisions with more

speed and less stress to the patient. These risky technical rescues were made easier by the innovative new tools which are quieter, faster, more forceful, and cordless. Working side-by-side with its predecessor, the new tools outshined the antiquated extrication tools previously used and allowed firefighters to expedite the removal of the patient from the crushed vehicles, providing them with precious time required to get to the helicopter.



BSFD IN YOUR NEIGHBORHOOD

Fire Safety Minions have arrived at Bonita Springs elementary schools. Fire safety minion fire hydrants greeted students as they arrived for their first days of school in Bonita Springs. The schools' hydrants were painted to depict these popular characters and include safety messages in hopes of attracting the students' attention and serving as another fun reminder to, "Call 9-1-1; Stop, Drop, and Roll; and Crawl Below the Smoke."

"The Bonita Springs Fire District wants to share fire safety in a fun way, through a character that the students are excited about. The firefighters will be at elementary schools during August and September and we hope to complete the project by Fire Prevention Month in October," said Public Educator Natalie Hughes. Students will receive curriculum to reinforce the brief messages painted on the hydrants throughout October when the Bonita Springs Fire District visits each school to provide fire and life safety education to students.

